# Tottenhall Infant School





Find us on:



You Tube

Issue: Autumn 3

Friday 20<sup>th</sup> October 2023

### Hello from Sian

What a busy half term we have had. It has been a pleasure to watch the pupils enjoy their learning.

Nursery pupils have settled well and are busy exploring their new environment both indoors and outside.

Reception pupils have been learning about "Ned the hedgehog." They have done some detailed water colour paintings of hedgehogs and are keen to talk to me about what they know when I visit them.

Year 1 pupils are working hard at reading first thing in the morning and their phonics. I am very impressed with their Science work on their senses this half term.

Year 2 have also been working really hard, particularly with their writing. Please ask them what facts they know about Florence Nightingale because they are experts!

Wishing you all an enjoyable half term and see you on Tuesday  $31^{\rm st}$  October for another fun filled half term.



### Reminder!

Please remember to tie your child's hair back if it

is long so they can see their work effectively. It also helps to stop the spread of head licel



### Cake Sale

Thank you for your generous donations for our cake sale. The school council organised a kindness day to raise money for the NSPCC. We raised £134.82, well done everyone!















# Home Learning





It has been
wonderful to see the
fantastic home
learning our reception
children have
completed. Thank
you parents and
carers, you are doing
a brilliant job
supporting your
children at home!







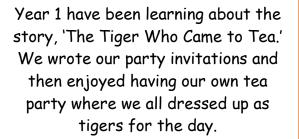


The Children in reception have been learning about autumn. In class they have been reading the story 'It Was a Cold Dark Night.' For home learning children created an autumn collage of their name using leaves, twigs and other natural materials from the environemnt. They also made a character from the book using recyled materials such as milk bottles, boxes and paper.





















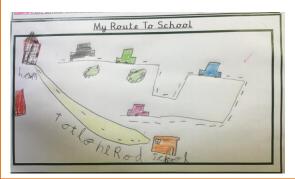


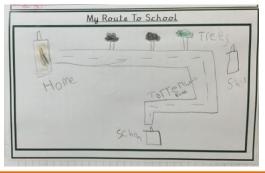
# Year 1 Geography Walk











Year 1 have also been learning about the route they take to school. They went on a walk around the local area and then drew a map of their route to school. They also carried out a survey to collect information about the method of transport children use to get to school.

### School values - Personal development

For the first half term we focus on our School Golden Rules. These can be found on our website together with information about our value puppets.

Next half term we are developing our **confidence** and being prepared to give things a go. Please meet **Connie Confidence** who helps the children become confident in their approach to life through our assemblies and circle time.

# INTRODU(ING: (ONNIE (ONFIDEN(E!

# Confidence means:

Not worrying what others think of you or, when learning something new, whether your work is perfect. Not worrying about being the best or about making mistakes. Standing tall and speaking clearly.

# Examples of Confident Behaviour:

- 1. Choosing to participate in new and difficult activities
- 2. Choosing to meet someone new
- 3. Sharing a new idea with family and friends /
- 4. Starting a conversation
- 5. Trying something difficult, without asking for help.



Thinking strategies to help your child build Confidence:

'I accept myself' - even when I make a mistake

'I take risks' - even though i might not be perfect

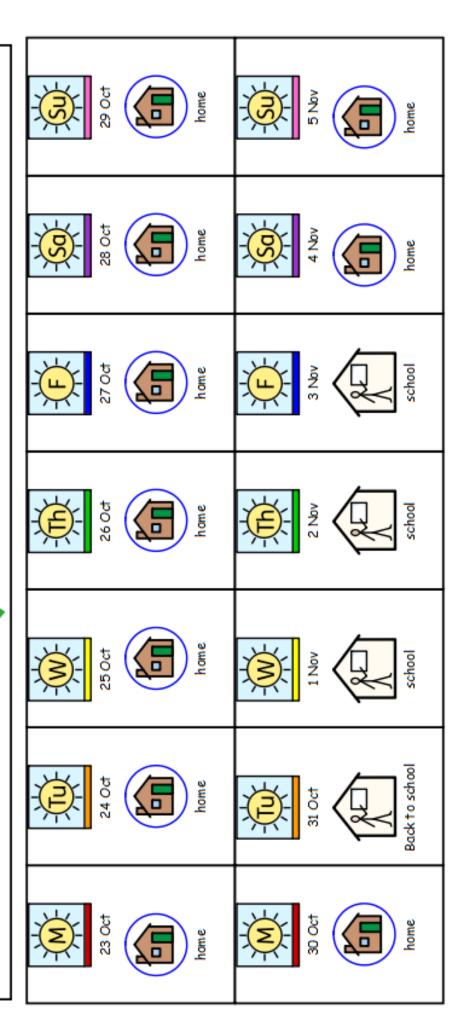
'I don't need the approval of others' - I will have different ideas and opinions and that is



You can find our values display in the front entrance.

Next week school is closed for Half Term.

Tick off the days until we come back to school.



# Tuesday 31st October, at 8.45am see you back at school on We will



# Learn to Speak English

St Cuthbert's Church run English classes for local people and would LOVE for you to join them! Each class is taught by a Level 5 Cert TESOL qualified teacher and has native English speakers as language helpers.

Classes will help you with your English grammar, speaking, pronunciation, writing and much more! They can also help you with any forms or documents you have. Morning and evening classes are available and you are welcome whatever your background, nationality or level of English.

https://www.stcuthbertschurch.org.uk/what-s-happening

### Palmers Green Library



Palmers Green Library has lots of fantastic books for your children to enjoy. Visiting the local library is a great way to support your child with developing good reading skills, finding out information and improving concentration.

### Hours:

Wednesday Closed
Thursday 9 am-8 pm
Friday 9 am -5:30 pm
Saturday 9 am-5 pm
Sunday Closed
Monday 9 am-8 pm
Tuesday 9 am-8 pm



# Half term activities for free school meal recipients

Enfield Council has planned a range of fun activities, with a lunch provided, for children who receive free school meals.

Hosted at the Dugdale Arts Centre, these activities are aimed at a variety of ranges. Come down to take part, or to visit the Dugdale Arts Museum.

https://www.enfield.gov.uk/services/children-and-education/half-term-activities-for-free-school-meal-recipients



# Tottenhall Infant School

# Monday

Multi Sports Club | Reception, Year 1 + 2

# Tuesday

Ninja Warrior Club | Reception, Year 1 + 2

# Wednesday

Gymnastics Club | Reception, Year 1 + 2

# Friday

Football Club | Reception, Year 1 + 2

£5 per sessionper day

fit, active

and healthy!

3:15PM - 4:15PM

# **Term Dates**

Tue 31st October -Fri 15th December

# To book:

Visit www.superstarsport.co.uk Go to "Book Now" & select your club! \*There is a 4.5% platform fee on every booking





# Tottenhall Infant School



Thursday 19th October, 2023

Dear Parents / Carers,

Yours sincerely

### SCHOOL DINNERS / PACKED LUNCH

In order for the school canteen to be able to plan and prepare enough meals for our children we now ask parents to make the choice of school dinners or packed lunch on the **first day of the half term** we are entering in to.

Please let your child's class teacher know on the morning of **Tuesday** 31st October 2023 whether your child will be taking a packed lunch.

You will not be able to change to a packed lunch / school dinner mid-term.

Sian Mainwaring Headteacher
Name of Child:
Class:
My child will be staying for packed lunch from Tuesday 31st October 2023



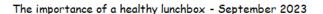
Signature of Parent / Carer: \_\_







### Packed Lunch Guidance for Parents & Carers





When packing a lunch try to include a variety of foods from each of the food groups as shown by the Eatwell Guide. https://www.gov.uk/government/publications/the-eatwell-guide

Starchy Foods

Carbohydrate foods provide us with energy for the afternoon.

Ideas to include: bread, pitta, wraps, chapatti, bread rolls, baguettes, cold pasta, rice, couscous, bread sticks or crackers.

### Source of Protein

Protein foods provide us with nutrients to help us grow.

Ideas to include: chicken, turkey, eggs, fish, chickpeas, lentils and beans.

### Fruit & Vegetables

We all should eat at least 5 portions a days as they contain fibre, vitamins and minerals to protect against illness.

Ideas to include: carrot sticks, celery or peppers, tomatoes, cucumber or fruit.

### Dairy & Alternatives

Dairy foods provide vitamins and minerals especially calcium.

Ideas to include cheese, cheese spread, yogurt, fromage frais and soya products.

### Healthier Drinks

Sugary drinks are one of the main factors in having too much sugar in our diets. Fresh drinking water is available in the Lunch

Not allowed ◀

Eating too much fat, sugar and salt can harm

your health and cause tooth decay. Sweets, crisps and chocolate are not served in school meals and not permitted in packed lunches. Fast food is also not allowed.

TOTTENHALL IS A NUT FREE SCHOOL Packed lunches MUST NOT include nuts - including peanut butter and Nutella - because of the life threatening risk to any other child who may have a severe allergy.

### Special diets and allergies

The school also recognises that some pupils may require special diets that do not allow for the standards to be met exactly. In this case parents are urged to be responsible in ensuring that packed lunches are as healthy as possible.

