

Address School Nursing Service  
0 – 19 Service  
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Civic Centre  
Silver Street – Enfield EN1 3ES  
Tele: 0203 988 7300  
Email : [northmid.cedarsn@nhs.net](mailto:northmid.cedarsn@nhs.net)

21<sup>st</sup> January, 2022

Dear Parent/Carer

## **Height and weight checks for children in Reception and Year 6**

Each year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). We collect this information because it is in the public interest to understand how many children are overweight, of healthy weight or are underweight. Your child's class will be invited to take part in this year's programme.

The checks are carried out by School Nursing Team from North Middlesex University Hospital's 0-19 Service. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils. The programme will be delivered in a COVID-safe way, in line with the school and local authority's safety control measures. This includes robust hand and respiratory hygiene and enhanced cleaning arrangements for the rooms and equipment used as recommended in the national guidance for schools and healthcare

## **How the data is used?**

All the information collected about your child will be sent by us to NHS Digital. NHS Digital is responsible for collecting data and information about health and care so that this can be used to monitor and improve the care provided to people across England.

The data collected about your child will also be shared by NHS Digital with Public Health England with all personal information removed. This means Public Health England will not be able to identify your child.



Both NHS Digital and Public Health England will use the information from the NCMP to better understand national numbers and trends in child weight. This helps with the planning of services to support healthy lifestyles in your area. No information will ever be published by NHS Digital or Public Health England that identifies your child.

De-personalised information from the NCMP may also be shared by NHS Digital with other organisations, such as universities. This is to help improve health, care and services through research and planning.

### **The information we collect and what it is used for is listed below:**

- Your child's age, gender, and date of birth are used to calculate your child's weight category.
- Your child's name, date of birth and NHS number are used to link your child's measurements from Reception and Year 6. Other data sets may also be linked such as your child's dental survey results or any visits to hospital they may have had. Linking your child's information in this way helps us to understand how and why the weight status of children is changing, and how this affects children's health.
- Your child's ethnicity and postcode are used to help understand some of the reasons for the difference and changes in child weight across England.
- Your address is required to send you your child's feedback letter. You will receive a feedback letter if your child is underweight or overweight. The letter will include your child's measurements together with information about health eating, being active and related activities available in your area.

All this information is treated confidentially and held securely by us. No individual measurements will be given to school staff or other children.

If you are happy for your child to be measured, you do not need to do anything.

If you do not want your child's height and weight to be checked, or your child has a medical condition that affects their height or weight please email the School Nursing

Team at [northmid.cedarsn@nhs.net](mailto:northmid.cedarsn@nhs.net) with the school name, your child's name, date of birth and class name/number. Alternatively, please call **0203 988 7300** to discuss and provide your child's details.

Children will not be made to take part on the day if they do not want to.

Your sincerely

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School Nurse Service

Premeela Narayan

0-19 Clinical Lead for School Nursing & PLHV Teams