Tottenhall Infant School

Newsletter

NEWSLETTER 2 I AUTUMN TERM I 22nd October 2026

Hello from Zaheen

It's been a busy half term, with lots of learning taking place! I've had the opportunity to see some wonderful examples of early writing from our Reception children, and it has been lovely to see their confidence, creativity and writing skills developing.

Thank you to all the children who have been walking alongside their scooters and bikes along the school path. This has helped us to keep everyone safe and ensure that the school entrance remains a calm and safe space for everyone.

Please see the dates for our Christmas events happening next half term, including the Christmas performances.

Wishing you all a wonderful half term break and see you all back at school on Monday 2nd November.

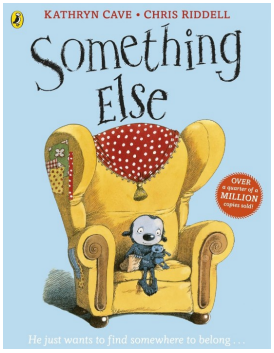
ECO TIP

Reuse your bottle!

Help our planet by bringing a reusable water bottle to school every day. It helps reduce plastic waste and keeps you hydrated while you learn and play!



book recomendation



Something Else is a heart-warming children's story about a small creature who is left out by others just because he is different. He tries hard to fit in, but the other animals always reject him. Everything changes when a strange new visitor knocks on his door looking for a friend. Though he is unsure at first, they soon become best friends, teaching young readers a beautiful lesson about acceptance, kindness, and celebrating what makes us unique.

Dates	
23.10.26	**INSET DAY-SCHOOL CLOSED**
26.10.26-30.10.26	**HALF TERM**
3.11.26	Nasal Flu Vaccinations
6.11.26	Diwali Assembly
9.11.26	Individual Photographs
10.11.26	Reception Autumn Walk
11.11.26	Parent Consultations
12.11.26	
12.11.26	Nursery Local Area Walk
13.11.26	World Kindness Day
13.11.26	Children in Need
16.11.26	Road Safety Week
20.11.26	Pathways Assembly
30.11.26	Nasal Flu Vaccine
3.12.26	ELF Day
4.12.26	Winter Sports
7.12.26	Turtle Class Performance @ 9.15am
7.12.26	Seal Class Performance @ 2.15pm
8.12.26	Bear Class Performance @ 9.15am
8.12.26	Koala Class Performance @ 2.15pm
9.12.26	Bumblebee Class and Dragonfly Class Performance @ 9.15am
10.12.26	Nursery AM Christmas Singalong @ 11.am
10.12.26	Nursery PM Christmas Singalong @ 2.45pm
11.12.26	Christmas Jumper Day
11.12.26	Christmas Lunch
11.12.26	Christmas Choir
14.12.26	Movie Night
16.12.26	Rock Steady Concert
17.12.26	Class Parties & Disco
TBC	Year 1 Church Visit
18.12.26	**Last Day of Term**
4. 1.27	**Return To School**



Remember: If something online makes you feel worried, scared, or uncomfortable, tell a trusted adult. You won't be in trouble for asking for help!

Thank you to all the parents and carers who donated food for the Enfield Food Bank. Your generosity was greatly appreciated, and the children were delighted to be part of this wonderful act of kindness. Your support will make a real difference to families in our local community.





Flu Vaccination

The children's flu vaccine helps protect against flu. It's offered to children aged 2 to 3 years, school-aged children (Reception to Year 11) and children with certain long-term health conditions.
https://www.nhs.uk/vaccinations/child-flu-vaccine/

Please check your email and the end of this news-letter for further information.

Parent Governor Vacancy

We currently have a vacancy for a Parent Governor on our Governing Board. This is a great opportunity for parents to play an active role in the life of the school and help shape its future.

If you are interested in finding out more or would like to apply, please contact the school office for further details.

Office@tottenhall.enfield.sch.uk

ATTENDANCE MATTERS

At Tottenhall Infant School, we know that every day counts! Regular attendance and arriving at school on time helps children make the most of their learning, build friendships, grow in confidence and enjoy all that our school life to offer.

We aim for all children to achieve 96% attendance or above and encourage every family to make regular attendance and punctuality a priority. We understand that sometimes children may be unable to attend school for genuine reasons, and we are always happy to work in partnership with parents and carers to offer support and help overcome any difficulties that may affect attendance.

We would like to remind parents and carers that requests for leave during term time will not be authorised unless the circumstances meet the exceptional criteria for approval.

By working together, we can give every child the best possible start and help them make the most of every school day.

Please use the link below to view our attendance policy.

https://www.tottenhall.enfield.sch.uk/docs/Attendance_Policy_.pdf

SUPER STAR SPORT

Super Star Sports provides after-school sports clubs for pupils at Tottenhall Primary School, as well as after-school childcare for pupils at both Tottenhall Infant School and St Michael at Bowes Junior School.
If you would like your child to take part in an after-school sports club or need after-school childcare, please use the link below for more information and registration.
https://www.tottenhall.enfield.sch.uk/Parents/After-School-Clubs/

LONDON FIRE BRIGADE

KS1 had a visit from The London Fire Brigade last week to learn about fire safety and people who help us. They had a fun time using the hosepipe and exploring the fire engine.









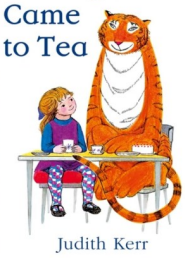
















Year 1 have been reading '*The Tiger Who Came to Tea'* and, as part of their learning they planned and enjoyed their very own tea party!

It was lovely to see all the tigers who took part. What a wonderful way to bring the story to life!

ELF DAY

Thursday 3rd December 2026



We will be celebrating Elf Day and raising money for The Children's Trust. Children are welcome to dress up as an elf on the day and each child will receive a free elf hat. If your child does not have an Elf consume, please do not worry as they can wear the colours red and green.



We will be organising our Christmas Raffle again this year. If you would like to donate any prizes that would be much appreciated.

There will be more information next half term.





We have been enjoying lots of fun activities to celebrate Black History Month. We have been learning about inspiring Black people, their achievements and their contributions. The children have enjoyed learning, sharing ideas and celebrating different cultures together.

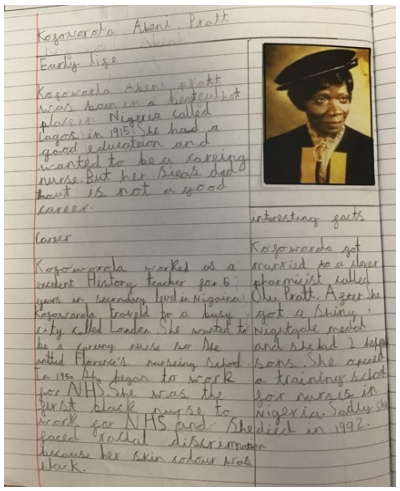


Year 2 have been learning about the artist Jean-Michel Basquiat. They explored his use of bright colours, bold marks and layers in his artwork. Inspired by his unique style, the children created their own colourful masterpieces using oil pastels, experimenting with different marks, colours and layers.



Year 2 have been learning about Chief Kofoworola Abeni Pratt was a Nigerian nursing pioneer who made history in the UK and Nigeria. She is best known as the first Black nurse to work in Britain's National Health Service (NHS).









Reception enjoyed tasting Caribbean foods, including hardo bread, plantain and Caribbean buns.





Year 1 have been learning about Malorie Blackman, a celebrated Black British author known for her children's books and stories.

ENFIELD ADVISORY SERVICE FOR AUTISM

EASA

National Autistic Society | Neuroinclusive Education Network Partner

Sessions in 2026-2027 for Parents & Carers

Craig Park Youth & Family Hub
2 Baxter Road, N18 2HN

AUTUMN TERM 2026

ENAS COFFEE MORNING

10am – 11:30am
Wednesday 9th September
Wednesday 7th October
Wednesday 4th November
No need to book

EASA & ECASS PARENT DROP-IN

10am – 11:30am
Wednesday 23rd September
No need to book

NEN-MAKING SENSE OF AUTISM

School age - Wednesday 16th September 10am – 11:30am
Early Years - Wednesday 4th November 10am – 11:30am
(schools and professionals also welcome to book a place)

NEN-UNDERSTANDING BEHAVIOUR AND EXPRESSIONS OF OVERWHELM

2 part module
Wednesday 30th September 10am – 11:30am
Wednesday 14th October 10am – 11:30am
(schools and professionals also welcome to book a place)

SENSORY WORKSHOP FOR PARENTS

9:45-11:45am
Wednesday 21st October



SUPPORTING SLEEP WORKSHOP



Programme of 3 sessions
09:30am – 11:30am

Wednesday 11th November
Wednesday 18th November
Wednesday 25th November

EASA Drop-in

10am – 11:30am
Wednesday 9th December

No need to book, Just drop-in!

Scan here to find booking links to your preferred event

07921 298 440
admin.easa@russethouse.enfield.sch.uk



VACCINATION UK

Flu Vaccination

Your questions answered...

🦠 What is flu?
Flu is more than just a bad cold. It is a highly infectious virus that can spread quickly in schools and families. Children often recover well, but flu can sometimes lead to serious illness, particularly in babies, older people and those with long-term health conditions.

Why is my child being offered the vaccine?
The vaccine helps to:
✓ Protect your child from flu
✓ Reduce serious illness and hospital admission
✓ Reduce the spread of flu to family and friends
✓ Help keep children in school and parents at work

What vaccine will my child receive?
Most children are offered the 👃 nasal spray vaccine, which is:
- quick
- painless
- needle free
- highly effective

Some children may be offered a **gelatine-free 💉 injectable vaccine** if the nasal spray is not suitable or if parents choose this option where available under the programme.

Is the vaccine safe?
Yes. Millions of children have safely received the NHS flu vaccine.

Can the vaccine give my child flu?
No. The flu vaccine **cannot cause flu.**
Some children may develop mild symptoms such as a runny nose, sore arm or mild temperature while their immune system builds protection.

My child has asthma or an egg allergy.
Most children with asthma or egg allergy can still receive a flu vaccine.
Please tell the vaccination team about any medical conditions when completing your consent form.

My child has a cold.
A mild cold without a temperature is not usually a reason to delay vaccination.
If your child is unwell with a fever, the vaccination may be postponed.

Does the nasal spray contain pork gelatine?
The nasal spray contains a highly purified form of porcine gelatine, which is used to keep the vaccine stable.
A gelatine-free injectable flu vaccine is available. Please indicate this on the consent form or contact the immunisation team. ✉️

Why is the vaccine needed every year?
Flu viruses change every year. The vaccine is updated annually to provide the best protection against the strains expected each winter. ❤️

For more information about vaccines and our contact details please visit **www.schoolvaccination.uk** or scan the QR code

Part of the NHS School Aged Immunisation Service

NHS



Myths & Facts

Let's separate fact from fiction

MYTH

❌ **The flu vaccine gives you flu**

FACT

✅ The flu vaccine **cannot cause flu**

Some children may feel tired or have mild side effects for a day or two while their immune system builds protection.

MYTH

❌ **Healthy children don't need the flu vaccine**

FACT

✅ Healthy children can catch and spread flu easily

Vaccination helps protect them and people around them, including babies, grandparents and vulnerable family members.

MYTH

❌ **Flu is just a bad cold**

FACT

✅ Flu is much more serious than a cold

It often causes a high temperature, severe aches and can lead to complications such as pneumonia or worsening asthma.

MYTH

❌ **The vaccine isn't safe**

FACT

✅ The children's flu vaccine has been used safely across the UK for many years

Millions of children receive it every year.

MYTH

❌ **My child had the vaccine last year so they don't need it again**

FACT

✅ Flu viruses change every year

That's why a new vaccine is needed each autumn.

MYTH

❌ **The only vaccine available contains pork gelatine**

FACT

✅ The preferred vaccine for most children is the nasal spray, which contains a highly purified form of porcine gelatine.
A gelatine-free injectable vaccine is available for children who cannot receive the nasal spray or where parents choose this option.

For more information about vaccines and our contact details please visit **www.schoolvaccination.uk** or scan the QR code

Part of the NHS School Aged Immunisation Service

NHS



MMR/MMRV Vaccination

Your questions answered...

What is the MMR/MMRV vaccine?
The MMR vaccine protects against measles, mumps and rubella. The MMRV vaccine also protects against chickenpox (varicella).

Why is my child being offered this vaccine?
These infections can cause serious illness and complications and are highly contagious. Vaccination is the safest and most effective way to protect your child.

Is the vaccine safe and does it cause autism?
MMR and MMRV vaccines have been used safely for many years and are closely monitored in the UK. Extensive scientific research has shown that there is no link between the MMR vaccine and autism. The vaccine has an excellent safety record and has protected millions of children worldwide.

What Type of vaccines are available, and can I choose a gelatine-free vaccine?
There are two MMR vaccines and two types of MMRV vaccines licenced for use in the UK. Priorix and Priorix Tetra are gelatine free vaccines. Ask the nurse if you prefer a gelatine free vaccine for your child.

What are the common side effects?
Common side effects include soreness at the injection site, a mild fever, a mild rash or feeling unwell. These usually settle within a few days.

Can my child have the vaccine if they have a cold?
A mild illness, such as a cold without a high temperature, is not usually a reason to delay vaccination. Inform the nurse and ask for advise prior to vaccination.

My child has an egg allergy. Can they still have the vaccine?
Children with an egg allergy can safely receive the MMR or MMRV vaccine.

Why does my child need two doses?
Two doses provide the best protection against measles, mumps and rubella and help prevent outbreaks.

Who should not receive the vaccine?
The vaccine may not be suitable for children with a severely weakened immune system or those who have had a severe allergic reaction to a previous dose. Please discuss any medical concerns with the nurse.

Reference List:

UK Health Security Agency. The Green Book: Immunisation against infectious disease – Chapter 21: Measles and Chapter 28a: Varicella (Chickenpox).
NHS. MMR (Measles, Mumps and Rubella) vaccine and Chickenpox vaccine information for parents.
Joint Committee on Vaccination and Immunisation (JCVI). National recommendations on MMR and varicella vaccination.
Medicines and Healthcare products Regulatory Agency (MHRA). Vaccine safety monitoring and adverse event reporting.
World Health Organization. Measles Fact Sheet and Vaccine Safety resources.

For more information about vaccines and our contact details please visit **www.schoolvaccination.uk** or scan the QR code

Part of the NHS School Aged Immunisation Service

Re; Annual Flu Vaccinations

Dear Parent/Guardian,

The immunisation team are visiting Tottenhall Infant School on **Tuesday 03 November** and **Monday 30 November** to give pupils their annual flu vaccinations.

We would like your consent to vaccinate your child. You can respond by filling in our online consent form through this link:
https://www.manage-vaccinations-in-schools.nhs.uk/consents/ItLSeXLNWZ/flu/start

About the children's flu vaccine

The vaccine protects against flu, which can cause serious health problems such as bronchitis and pneumonia. It is recommended for children from reception to Year 11.

Find out more about the children's flu vaccine on NHS.UK
You can also find a range of information resources about the vaccine on GOV.UK, including in other languages.

How the vaccine is given

Most children are given the vaccine as a nasal spray. This is a quick and painless spray up the nose and offers the best protection against flu.

However, the nasal spray does contain a small amount of gelatine derived from pigs. If your child does not use gelatine products, or cannot have the nasal spray for medical reasons, **you can choose an alternative injected vaccine that has no gelatine.** You can request this in the consent form.

Find out more about the use of gelatine in the flu vaccine (including views of faith communities).

How to respond

It's important to let us know whether you **do or do not** want your child to have the vaccination. It will take less than 5 minutes to respond using the link.

https://www.manage-vaccinations-in-schools.nhs.uk/consents/ItLSeXLNWZ/flu/start

If you cannot use the online form, you can respond over the phone using the contact details below.

If you do not respond, you'll get automatic reminders. Responding will stop reminders.

If you have any questions, you can speak to a member of our team on 020 8150 7505, or email enfield@v-uk.co.uk.

Kind regards,

Enfield School Aged Immunisation Team.